

Privacy Policy for Love Yourself Wellness

Effective Date: September 2024

At Love Yourself Wellness, your privacy is a top priority. We are committed to protecting your personal information and ensuring that your experience with us is safe, enjoyable, and respectful. This privacy policy outlines how we collect, use, and protect your information.

1. Information We Collect

We may collect personal information, including but not limited to:

- Name
- Email address
- Phone number
- Mailing address
- Payment information (used for billing purposes only)
- Information related to your wellness and health preferences

This information is collected through interactions on our website, class registrations, product purchases, and consultations.

2. How We Use Your Information

The personal information you provide is used to:

- Process orders and payments for classes, products, or services
- Provide updates on upcoming classes, webinars, or promotions
- Send relevant wellness tips and resources, including newsletters
- Improve your overall experience with Love Yourself Wellness

3. No Sale of Personal Information

We want to assure you that we will never sell, trade, or rent your personal information to any third parties. Your data is used solely for the purpose of enhancing your experience with Love Yourself Wellness and providing you with the highest level of service.

4. Third-Party Service Providers

We may use trusted third-party service providers for the following purposes:

- Processing payments
- Hosting our website

- Sending email marketing and notifications These third-party services have their own privacy policies, and we take reasonable steps to ensure that they handle your information securely.

5. Security of Your Information

We take your privacy and the security of your information seriously. We use secure measures (such as encryption and SSL technology) to protect your personal data from unauthorized access, disclosure, or misuse.

6. Cookies

Our website may use cookies to enhance your browsing experience. Cookies allow us to understand how visitors use our website, helping us improve functionality. You can opt out of cookies through your browser settings if you prefer.

7. HIPAA Compliance

We are committed to ensuring that your health information is protected in accordance with the Health Insurance Portability and Accountability Act (HIPAA) where applicable. Any wellness or health-related data collected through our services will be handled with the utmost care and confidentiality.

8. Your Rights

You have the right to:

- Access the personal information we have about you
- Request corrections to your personal data
- Opt out of email communications at any time by clicking the "unsubscribe" link in our emails
- Request the deletion of your personal information (except for data we are legally required to retain)

9. Changes to This Policy

We may update this privacy policy from time to time. Any changes will be posted on this page with an updated effective date. We encourage you to review this policy periodically.

10. Contact Us

If you have any questions or concerns about your privacy or how we use your information, feel free to contact us:

- Email: loveyourselfshoppe@gmail.com
- Phone: 484-918-0665

Thank you for choosing Love Yourself Wellness